



CANCER SUPPORT FOR CHILDREN

Nutritional Support Protocol

Lifestyle Recommendations:

1. Make time to have fun and play.
2. Laugh and pray every day.

Dietary Recommendations:

1. No sugar, desserts, or candy. Replace sugar with the polyol sugar xylitol.
2. Drink naturally decaffeinated green tea with xylitol, hot or cold.
3. Eat plenty of organic fruits and vegetables - from the rainbow - all colors. PaleoGreens contains multiple fruits and vegetables in a dried powder.
4. Carry PaleoBars with you to prevent missing snacks throughout the day.

Chemotherapy:

Add L-Glutamine Powder - it helps protect from radiation damage and muscle wasting. It also supports brain wellness and mental energy.

Supplement Recommendations:

In addition to the core nutrient program recommended by your Health Care Professional and/ or from the results of your most recent Designs for Health Metabolic Profile:

1 scoop morning PaleoMeal (whey protein Vanilla, Chocolate or Strawberry) with the following:

Quercetin Ascorbate:	1 teaspoon
Glutathione Powder:	1 teaspoon
OmegAval Liquid:	1 teaspoon
Grape Seed Supreme:	2 capsules added
Ultimate Antiox Full Spectrum:	3 capsules added
BroccoProtect:	1 capsule added

Also, Carnitine improves energy levels, protects mitochondrial membrane lipids against oxidative damage and much more. 1/2 teaspoon of Carnitine Tartrate powder can be added to the morning Smoothie.

Note: All nutritional supplements should be approved by oncologist if patient is undergoing active treatment.

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